

HEALTH HISTORY

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|----------------|---------------|--------|--------|------|
| Patient's Name | Date of Birth | Height | Weight | Date |
|----------------|---------------|--------|--------|------|

Answer all questions by circling Yes (Y) or No (N)

1. Are you in good health?Y N
2. Has there been any change in your general health in the past year?Y N
3. Date of last physical exam _____
4. Are you now under a physician's care for a particular problem?Y N
5. Have you **ever** had any serious illnesses, operations or hospitalizations? If so, describe:.....Y N

6. Do you exercise? What type? How often? _____

7. DO YOU HAVE OR HAVE YOU EVER HAD:

- A. Rheumatic Fever or Rheumatic Heart Disease?Y N
- B. Congenital Heart Disease?Y N
- C. Cardiovascular Disease (Heart Attack, Heart Trouble, Heart Murmur, Coronary Artery Disease, Angina, High Blood Pressure, Stroke, Palpitations, Heart Surgery, Pacemaker)?Y N
- D. Lung Disease (Asthma, Emphysema, COPD, Chronic Cough, Bronchitis, Pneumonia, Tuberculosis, Shortness of Breath, Chest Pain, Severe Coughing)?Y N
- E. Seizures, Convulsions, Epilepsy, Fainting or Dizziness?.....Y N
- F. Bleeding Disorder, Anemia, Bleeding Tendency, Blood Transfusion? Do you bruise easily?Y N
- G. Liver Disease (Jaundice, Hepatitis)?.....Y N
- H. Kidney Disease?Y N
- I. Diabetes?.....Y N
- J. Thyroid Disease (Goiter)?.....Y N
- K. Arthritis?.....Y N
- L. Stomach Ulcers or Colitis?.....Y N
- M. Glaucoma?.....Y N
- N. Osteoporosis?.....Y N
- O. Implants placed anywhere in your body (Heart Valve, Pacemaker, Hip, Knee)?Y N
- P. Radiation (X-ray) treatment for Cancer?Y N
- Q. Clicking or popping of jaw joint, pain near ear, difficulty opening mouth, grind or clench teeth?Y N
- R. Sinus or Nasal problems?.....Y N
- S. Any disease, drug or transplant operation that has depressed your immune system?Y N

8. ARE YOU USING ANY OF THE FOLLOWING:

- A. Antibiotics?.....Y N
- B. Anticoagulants (Blood Thinners)?Y N
- C. Aspirin or drugs such as Motrin, Aleve, Ibuprofen?.Y N
- D. High Blood Pressure medications?Y N
- E. Steroids (Cortisone, Prednisone, etc.)?Y N
- F. Tranquilizers?Y N
- G. Insulin or Oral Anti-Diabetic drugs?Y N
- H. Digitalis, Inderal, Nitroglycerin or other heart drug? Y N

All responses are kept confidential

- I.....Are you taking or **have you ever taken** Bisphosphonates for osteoporosis, multiple myeloma or other cancers (Reclast, Fosamax, Actonel, Boniva, Aredia, Zometa) ?Y N
- J. Have you ever been advised not to take a medication?Y N
- K. Please list any and all medications taken, including prescription medications, diet drugs, over-the-counter medications, herbal or holistic remedies, vitamins or minerals:_____

9. ARE YOU ALLERGIC TO OR HAVE YOU HAD AN ADVERSE REACTION TO:

- A. Local Anesthesia (Novacain, etc.)?Y N
- B. Penicillin or other antibiotics?Y N
- C. Sedatives, Barbiturates?.....Y N
- D. Aspirin or Ibuprofen?.....Y N
- E. Codeine or other pain killers?Y N
- F. Latex or Rubber products?Y N
- G. Metal of any kind?.....Y N
- H. Chemicals or jewelry (rash or sensitivity)?.....Y N
- I. Food products?.....Y N
- J. Other allergies or reactions? Please list.....Y N

10. Do you smoke or chew Tobacco?Y N
How much per day? _____
11. Are you exposed to marijuanaY N
12. Is there any past history of Alcohol or Chemical Dependency or Emotional Disorder that may affect the care we provide you?.....Y N
13. Have you had any serious problems associated with any previous dental treatment?.....Y N
14. Have you or an immediate family member had any problem associated with intravenous anesthesia?.....Y N
15. Do you have any other disease, condition or problem not listed above that you think the doctor should know about?Y N
16. Do you wish to talk to the doctor privately about anything?Y N
17. Have you ever had a bone density scan?Y N

18. FOR WOMEN ONLY

- A. Are you Pregnant, or **is there any chance** you might be Pregnant?.....Y N
- B. Are you nursing?.....Y N
- C. **If you are using Oral Contraceptives**, it is important that you understand that antibiotics (and some other medications) may interfere with the effectiveness of oral contraceptives. Therefore, you will need to use mechanical forms of birth control for one complete cycle of birth control pills, after the course of antibiotics or other medication is completed. Please consult with your physician for further guidance.

I understand the importance of a truthful and complete Health History to assist Dr. Grellner in providing the best care possible. I have had the opportunity to discuss my Health History with Dr. Grellner.

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|------|---|-------------------|
| Date | Signature of Person Completing Health History | Doctor's Initials |
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UPDATE TO HEALTH HISTORY: I have reviewed and made necessary changes to my Health History

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|------|---|-------------------|
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